

SMS NEWS Oasis

LOYALTY TRUTH AND HONOUR

ST. MARK'S SENIOR SECONDARY PUBLIC SCHOOL, JANAKPURI, NEW DELHI-110058

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Editorial Board

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Mahima Narang IX D
Pratishtha Pal IX D



Happiness is a state of mind. For the Mind to achieve that state, one should inevitably feel safe and secure. Therefore, it goes without saying, for our happiness, a safe and secure environment existing in the society we live in, is imperative. To facilitate conducive environment, Schools, in addition to its primary goal, can contribute through two pronged strategy. Firstly, in conjunction with the parents - should mentor students to grow as responsible citizens, sensitive and responsive to the needs and concerns of fellow beings, especially women. Secondly, through physical and psychological training-instil confidence amongst our girl students to overcome any adverse unforeseen situation and develop a strong intuition to discern, and thus, keep away from any potentially harmful scenario. This is very important because from our experience of the present day world we note that women are considered soft targets by misguided citizens to carry out their perversion and other such activities. Our School has taken up this responsibility in great earnest.

SELF DEFENCE INITIATIVE

Keeping in mind the present security concerns, especially, the rising crime against women in our society, a Workshop for Self-Defence was organized in our school premises on 28 November for the benefit of girl students of Classes V to IX. The Chief Guest on the occasion was **Mr. Ranvir Singh IPS**, Addl. Commissioner of Police. **Ms. Monica Bhardwaj IPS**, Addl. DCP (West), Ms. Omvati Malik, ACP (West), **Mr. R.S. Meena**, SHO (Janakpuri) and Office Bearers of Sh. Laxmi Narayan Mandir, Janakpuri - Ms. Permala Chadha, Mr. Dinesh Gautam & Mr. B.L. Sharma, were the Guests of Honour. Our School Chairman, **Mr. T.P Aggarwal**, Director **Ms. Anjali Aggarwal**, Manager **Mr. Rahul Aggarwal**

graced the occasion. A team of women from Delhi Police showed various self-defence techniques to the participants. Our students also presented a beautiful dance number on the theme of peace and harmony.



Honouring Mr. Ranvir Singh, Ms. Monica Bhardwaj and Mr. R.S. Meena

OUR TRAIL BLAZERS

Conferment of Prestigious Awards – Fructification of unstinted commitment and hard work MS. RAMA SETHI - LEADER PAR EXCELLENCE



Receiving ISA Award

BRITISH COUNCIL INTERNATIONAL SCHOOL AWARD

To promote Global citizenship, nurture the students and to strengthen the International dimensions, our school tied up with the 'British Council International School Award' Programme in the year 2013 - 2014. Our School Principal, **Ms. Rama Sethi** provided the leadership and mentoring. She was ably assisted by the Global Project Co-ordinator **Ms. Archana Tyagi**. The efforts bore fruit and our school has been accredited with the 'British Council International School Award' for the period 2014-2017. Our school was awarded the coveted trophy by the British Council in the Annual British Council Awards Ceremony held at Hotel Kempinski Ambience.

A team of teachers Ms. Monica Uppal, Ms. Rosy Marwah, Ms. Deepa Haruray, Mr. Gautam Mondal, Mr. Deepak Saxena, Mr. Mohan V Thomas, Ms. Manju Wadhwa, Mr. Girish Bahuguna, Ms. Ritu Khurana and Ms. Swati Banerjee gave whole-hearted support and received Certificate from British Council. The learning journey for the teachers and the students was the biggest reward of ISA.



Ms. Sethi receiving Shiksha Ratan Award

RASHTRIYA SHIKSHA RATAN AWARD

Ms. Rama Sethi, Principal, was honoured with the **Rashtriya Shiksha Ratan Award** by Indian Society for Industry & Intellectual Development in recognition of sterling merit, excellent performance and outstanding contribution for the progress of the nation worldwide, on 17 November at Speaker Hall, Rafi Marg.



PAKHI VERMA - A BUDDING TALENT IN ART

The daily **Nav Bharat Times** had during first week of November set a challenge to its junior readers to create an apt design for the Mast, for the edition to be published on 14 November 2014- Children's Day. **Pakhi Verma** of **VIIIA**, took up the challenge and designed a Mast for the D-Day. It gives us great pride to report that her design was chosen from amongst thousands of entries received by the Newspaper and was featured as the Mast of the edition published on 14 November 2014.



जूनियर रीडर्स ने एनबीटी में भरे रंग

विल्ड्रिंस डे को स्पेशल बनाने की हमारी कोशिश कामयाब रही। हजारों की तादाद में बच्चों ने एनबीटी के मास्ट में अपनी कल्पनाओं के रंग भरकर हमें भेजे। इनमें से कुछ को चुनना यकीनन मुश्किल काम था क्योंकि हर बच्चे ने अपना बेस्ट देने की कोशिश की थी। लेकिन हमारी डिजाइन टीम ने एक-एक मास्ट को स्कैन करके उनमें से बेस्ट मास्ट चुना जिसे हमने आज के एनबीटी फ्रंट पेज पर सजाया है। कुछ और बेहतरीन मास्ट को हम यहाँ छाप रहे हैं। साथ ही हम उन सभी बच्चों का शुक्रिया भी अदा करना चाहेंगे जिन्होंने हमें मास्ट भेजे।



15TH ANNUAL INTER SCHOOL ON THE SPOT PAINTING COMPETITION

15th Annual Inter School On The Spot Painting Competition was organized by our School on **21 Nov.'14** with an innate desire to transform aesthetic potential of school going children through Visual Art. An overwhelming response from schools all over Delhi was observed in a collective consonance. Everyone was overawed to see the budding artists armed with colours and brushes adeptly merging the colours enthusiastically and animatedly, mesmerizing the spectators. **Mr. Sudip Roy**, renowned artist and recipient of Gold Medal in All India Fine Art Exhibition, Kolkata and Indian Society of Oriental Art, was the Chief Guest. **Ms. Sheena Kalenga** - Principal, St.Mark's Girls School, Meera Bagh presented a memento to the Chief Guest. **Principal, Ms. Rama Sethi** welcomed the august gathering and all the participants. The **Convener, Ms. Alka Kher**, appreciated the enthusiastic participation from the various schools and provided an insight into the successful propagation of Art carried forward for the last 14 years. A gallery of previous year's prize winning paintings, was displayed to encourage the philosophy of Art and enhance the students cognitive exploration, which was appreciated by all. A panel of renowned artists comprising of sculptor Mr. Suvajit Samanta & Mr. Gopal Krushna Samantray judged the paintings made by around 1000 participants. The distinguished guests autographed the canvas, as a mark of remembrance of the occasion.

IN PURSUIT OF CLEANLINESS

SWACHH BHARAT - SWACHH VIDYALAYA

Cleanliness is next to Godliness- sic itur ad astra (Latin phrase meaning: thus you shall go to the stars).

In India, we share a common dream - to visit a foreign land. Our chosen destination always happens to be a country endowed with scenic beauty; because it has been preserved spic-n-span, and while visiting we tend to hesitate treading on her lest we soil the pristine landscape. This feeling subsists because we are not blessed with such supremely clean landscape. Are we to blame the Creator for this situation? Certainly not- we are responsible for keeping our surroundings clean. All of us will agree that we were very casual in our attitude towards cleanliness and sanitation, until our Hon'ble Prime Minister **Narendra Modi**, on the occasion of 145th Birth Anniversary of Father of the Nation, Mahatma Gandhi, highlighted its importance and set target on its achievement. He has exhorted us to ensure that our country turns a new leaf as 'Clean India' when we celebrate 150th Birth anniversary of Mahatma Gandhi in 2019.



Shreya Arora

To promote awareness about sanitation in schools and to carry forward the vision of our Hon'ble Prime Minister Shri Narendra Modi, our students participated in the **Expression Series** organised by the CBSE from 2 October to 15 October 2014.

Two students **Shreya Arora** and **Manisha Verma** of Class V-A, received cash prize of Rs. 5000 each in Essay Writing Competition.



Manisha Verma

On 2nd October, a **Rally** was organized to propagate the message of cleanliness in the society.

A3 Block Janakpuri was adopted as the 'Karmabhoomi'. Members of Residents Welfare Association enthusiastically joined hands with our student volunteers and teachers to achieve the motive.



Rally with a message



Students and members of Society join hands for a noble cause

SHRAM DAAN IN SCHOOL PREMISES


On the right track

Our students enthusiastically participated in various activities organised by CBSE on 17 October, the winners are mentioned below:

POWERPOINT PRESENTATION COMPETITION : Topic: WASTE MANAGEMENT

Position	Name	Class
First	Purva Sethi, Rhea Wadhwa, Sakshi Taneja & Riya Negi	IX-E
Second	Avi Bhardwaj, Aman Sehgal, Mehar Lamba & Ayush Goel	IX-E

SHORT MOVIE MAKING COMPETITION: Topic: SMALL STEPS BIG CHANGE (SWACHH BHARAT - SWACHH VIDYALAYA)

Position	Name	Class
First	Sidak Arora, Vineet Arora, Aniket Soni & Mayank Parnami	XI-E
Second	Rohit Kumar, Utsav Saluja, Beikunth Nagpal & Abhishek Punyani	X-F
Third	Harsh Beniwal, XI -A; Apoorva Saxena, XI-C	

DECLAMATION CONTEST : Topic: MY ROLE AND RESPONSIBILITY IN KEEPING THE ENVIRONMENT CLEAN

Class	First Prize	Second Prize	Third Prize
VI	Sankalp Singh, VI-E	Utsav, VI-A	Riya, VI-G
VII	Harmandeep Singh, VII-E	Arya Jha, VII-B	Parth Madan, VII-F
VIII	Riya Gulati, VIII-D	Jhanvi Shorey, VIII-A	Gargi Pathak VIII-E

DRAWING COMPETITION : Topic: MY SCHOOL - A CLEAN ENVIRONMENT

Class	First Prize	Second Prize	Third Prize
I	Priyansh Guglani, I B	Suhani Singh, I C	Parth Katoch, I B
II	Prince Gupta, II D	Deepika Thanwa, II F	Tejas Tomar, II D
III	Soham Jindal, III E	Dishti Kaushik, III E	Utsav Aggarwal, III E
IV	Suhani IV A	Sayyam Thapliyal, IV F	Vanshika Mittal, IV A
V	Ekansh Verma, V D	Vansh Kumar, V B`	Tamanna Ahuja, V D

***"If everyone sweeps their own doorstep, their own neighbourhoods,
the world will be a clean, pure and healthy place for life to prosper."***

- Vishwas Chavan

EXTENDING OUR HANDS OF FRIENDSHIP

Our School joins hands with Fredericia Gymnasium School, Denmark



Host and Guest mentors at the farewell dinner



Felicitating guest mentors



All set for a friendly match

To cement our ties further, 27 students and three teachers from Fredericia Gymnasium School, Denmark paid a return visit from 26 to 29 Sept. 2014 as part of Global Project Educational cum Cultural Exchange. The Danish students were hosted by our school students and their families, thus gaining insight of Indian family system and observed it first hand, at close quarters. To welcome the Danish students a musical and cultural extravaganza, showcasing Rajasthani folk music & dance and Janmashtami celebrations was staged, which was thoroughly enjoyed by our esteemed guests. Danish students gave a detailed power point presentation on Denmark. They also enhanced their knowledge about Indian culture by enrolling in various workshops like Music, Hindi Folk Dance and Art organized by our school. They got a peek view of our pedagogy by attending classes on different subjects. A friendly cricket match between students of both countries was also organized. They visited various places of Historical and National importance in and around Delhi. On the eve of bidding adieu, the Danish students presented a soulful rendition of 'Hum Honge Kamyab' & a 'Giddha' was performed with the students of our school. Our school Manager **Mr. Rahul Aggarwal** presented the visiting students with certificates and encouraged them to further deepen and strengthen the bond of friendship between the two countries. They parted with the slogan **"WE MEET TO PART, AND WE PART TO MEET AGAIN"**



Getting tuned to Indian Culture

CENSUS AND YOU

Census and You activity was held from 27 to 31 October in the school for **Classes VI-VIII** as a part of the initiative by 'Registrar General and Census Commissioner India', to make students understand the process of Census and also to highlight how this exercise of such humungous proportion is achieved. Census 2011 was the 15th Census, which covered the entire geographical area of the country. It enumerated more than a billion people and also highlighted the demographic, cultural, socio-economic characteristics of the population. Various activities were taken up by our school as a part of the initiative, viz., screening of census movies, discussions in the classroom on topics related to population, assignments based on census and quiz.



Census Quiz topper - Sahil Kohli (VIII-A)

IHMUN 2014

The 6th edition of IHMUN - International Hindu Model United Nations, was held at the Hindu College, Delhi, from 10 to 12 October. A team of eleven students from our school participated under different committees in this programme. The committees comprised of members ranging from students of Class VIII to the students pursuing law. The interesting part of this parliamentary procedure was being the delegate of a country and bearing all the incumbent responsibilities, discovering the areas which lag behind in MUN (Model of United Nations), thus providing a platform to the students in discovering and exploring their hidden talents. The session ended in a delightful note, as

Aditi Sharma, XI B got a special mention prize, a proud moment for our school. Our School team members were: Parneet Sandal (XI-A), Himani Anand (XI-A), Tushar Chadha (XI-A), Vardha Kharbanda (XI-A), Ishna Verma (XI-A), Harsh Beniwal (XI-A), Aditi Sharma (XI-B), Mansi Batra (XI-B), Simran Khera (XI-D), Sameer Kalra (XII-D), Ginnie Thareja (XII-D)



Our representatives at IHMUN

GEOFEST INTERNATIONAL

Parneet Kaur (XI-A), Harshit Jain (XI-C), Siddharth Saha (XI-C), Aman Sachdeva (IX-B), Diksha Luthra (IX-B) & Anubhuti Sinha (VIII-E) represented our school in the Geofest International at Lucknow, from 8 to 11 November 2014. Students enthusiastically competed in a plethora of activities like Geotalk, Geotech, Geotoon, Model Display (Junior & Senior) and Voice & Vision. Our team bagged **Second Prize** in the event Voice & Vision, Harshit Jain won **Consolation Prize** in the event Geotalk and **Commendation Certificates** were presented to Harshit Jain & Siddharth Saha for Model Display and Anubhuti Sinha for Cultural Presentation. The Senior team won **Runner's up Trophy** from amongst 80 National and International participating team.



Diksha and Aman with their exhibit at Geofest



Anubhuti giving a dance recital

AHIMSA - LET'S MAKE PEACE NOT WAR

Peace is Priceless - Love the world you are in

To nurture the spirit of Ahimsa-Non Violence (core of India's Spiritual Philosophy) the primary wing of our school organized "Peace Day Activities" from 22 Sep.-20 Oct. The entire month had a plethora of activities based on central theme of "Peace".



No Compassion, No Peace



Know Compassion, Know Peace

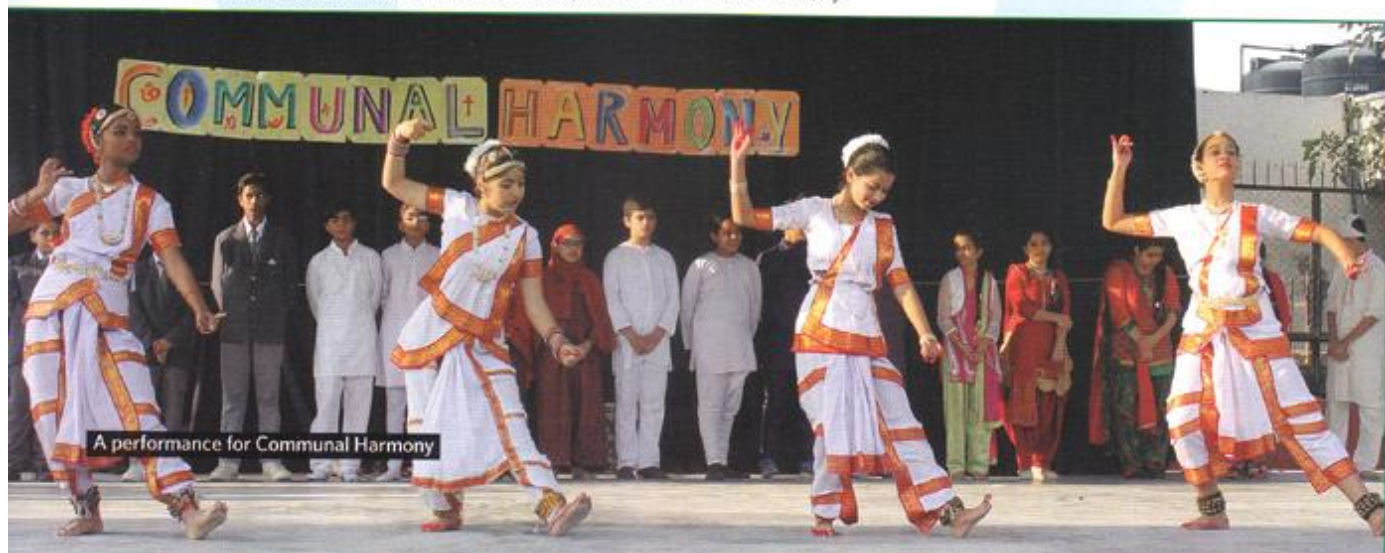
On 22 Sept a Special Assembly on Peace Day was conducted by the students of Class IV-G, during which they took the pledge to promote world peace. Balloons carrying messages on World Peace were released. The students meditated near the Peace Pillar installed in the school. The students showcased their creative potential by making paintings and writing articles on the topics such as War is expensive, Peace lies within; and also by displaying on the bulletin boards their creations during the entire period. The parents who visited the school during the Parent Teachers Meeting immensely appreciated the efforts put in by our students.

COMMUNAL HARMONY WEEK

Communal Harmony week was strategically planned. Multifarious activities were organised from 17 to 19 November to commemorate the occasion and imbibe the feeling of peace and brotherhood amongst the young minds. This noble event unfolded with the distribution of flags for which the students contributed generously. It was followed by the Class Assembly, by VIII-B, wherein a music and dance programme portraying integration of different religions practised in India, was presented. A Dash of Color was added, as painting competition for Classes V-VIII was held on the same topic. The following students won prizes for reflecting the subject aptly on paper:

Class	First Prize	Second Prize	Third Prize
V	Raghav, V-E	Aryan Satija, V-C	Tami Kumar, V-F
VI	Aditya Choudhary, VI-B	Chahat Rathor, VI-D	Yash Jain, VI-D
VII	Roshni Dhawan, VII-D	Ananya, VII-F	Shruti Sharma, VII-A
VIII	Pakhi Verma, VIII-A	Khushangi, VIII-C	Yajur, VIII-F

Thus the students fully imbibed the virtues of the 'Spirit' of Communal Harmony.



A performance for Communal Harmony

FACE TO FAITH

Fifteen students drawn from Classes IX to XI participated in Face to Faith Video-Conferencing, on 19 November, 2014, along with St. Mary's School, Dwarka, New Delhi and SMA 3 Bandung Indonesia. The students were engaged in meaningful dialogue on the topics - 'art of expression in religion' and 'freedom of expression'. The guest speaker **Dr Olivier Urbain**, Ph.D, the director of the Toda Institute for Global Peace and Policy Research and the founder and Director of the Transcend: Art & Peace Network, Hawaii, encouraged students to ask questions, which they did with great aplomb, showcasing themselves to be embodied with active listening skills and the capability of quality dialogue. Students also got an opportunity to share how a piece of music had touched their minds. Our students were interested to learn how music had an impact on Estonia's revolution, and learnt more about music therapy, and Bob Marley.



All ears to Face to Faith Video Conferencing

YOUTH PEACE CONFERENCE

Self Assessment and Management program integrates the youth from various schools across Delhi - Around 100 students drawn from Classes IX to XI participated in the Youth Peace Conference held at Delhi Haat, Janakpuri on 26 Nov.'14. It was a very colourful occasion with a strong message exhorting Youth to write against terrorism. Our school students participated in a host of activities, such as Banner making, Painting, Dance Competition. School Vice Head Boy Tanmay Kochhar, along with office bearers from other schools, took part in Oath taking Ceremony. The **Police Commissioner, Mr. BS Bassi** was the Chief Guest who interacted with the young students from the audience about the role played by the law enforcing agencies in our society in tackling grave issues like safety of young girls. He was quiet emphatic on the issue and suggested that the girls must empower and strengthen themselves and focus on 'capacity building'. The event concluded with hundreds of white balloons being released into the blue sky, as a symbol of peace and harmony.



Mansi Batra, XI-B sharing her thoughts



St.Markians at Youth Peace Summit

COMPETITIONS

INTER SCHOOL ON THE SPOT PAINTING COMPETITION

The result of Ramjas Inter School on the Spot Painting Competition held in Dec.2013 was declared during this quarter. Following students of our school were amongst those who fetched prizes in the competition:

III Prize	Hardik Sharma (VIII-A)
Merit Certificate	Suhani (IV-A)
Consolation Prize	Ananya Raj (IX-C), Ayush Pandey (VI-F), Ekansh Verma (V-D)

11th On the spot Painting Competition was held on 12 October at Rainbow English School, Janakpuri.

The following students won prizes:

NAME	CLASS	PRIZE
Hardik Sharma	VIII-A	I - Rs 1000/-
Namish Guglani	VIII-C	II, Rs 750/-
Nitin Malik	V-D	II Rs 750/-
Ekansh Verma	V-D	II, Rs 750/-
Vansh Kumar	V-B	Consolation, Rs 250/-
Ishika Chhoker	V-B	Consolation, Rs 250/-
Parth Katoch	I-B	Consolation, Rs 250/-



Budding artist - Ekansh Verma

ROBOTICS ZONAL

Our School participated in IRC Zonals held in the month of November at Shiv Nadar School, Gurgaon.

The following students bagged **Second Runnerup Medal**:

Nelson Paul (IX-A)	Dhimant (IX-C)
Achyut Katiyar (IX-E)	Gobind Preet Singh (VIII-A)

RANGOLI MAKING

Primary students displayed their creative and colourful skills in the Rangoli Making Competition held at Sumermal Jain Public School on 6 Sept and secured **2nd position** (Rs. 300/- cash prize to each participant). Team members were: Priyanshi Pawar (III-A), Maitrey Mishra (III-A), Swastika Maity (III-B), Mahika Singh (III-C), Bhumi Chand (III-F)



Runners up - IRC Zonals



Our Rangoli Artists

CYBER OLYMPIAD

Cyber Olympiad was conducted by Science Olympiad Foundation on 14 October 2014. Students of our school appeared in the Olympiad and were awarded certificates. **Abhinav Chopra, IV-C** stood **First** amongst all participants in the school and secured 123rd rank in the city and 127th in the State. Abhinav Chopra was awarded Gold Medal and a certificate by the Foundation.

RAMJAS INTER - SCHOOL DEBATE

Darpan Tikiya of XII - B and Meenakshi Sharma of XII - C participated in the 19th Ramjas Inter School English Debate, held on 17 October. Both spoke with full verve and gusto and were appreciated by the audience. They also interjected and gave tough time to some speakers by raising tricky and relevant questions. **Darpan Tikiya** was adjudged as the Best Interjector of the event and awarded shield and a certificate.

GIRL'S ZONAL QAWALI COMPETITION

Our School Qawals secured Consolation prize at the Girl's Zonal Qawali Competition, held on 9 September, at Rich Harvest Public School. The troupe members were:

NAME	CLASS	NAME	CLASS	NAME	CLASS	NAME	CLASS
Sakshi Taneja	IX - E	Ishita Dhir	IX - A	Mahima Narang	IX - D	Aastha Jain	IX - A
Aastha Kedar	X - F	Sakshi Rautela	X - A	Vidisha Kaushal	X - F	Isha Gupta	X - F
Harleen Kaur	IX - E	Nisha Sharma	X - F	Simran Gosain	IX - B	Annanya Raj	IX - C
Ishita Verma	IX - C						

BRITISH COUNCIL READING CHALLENGE PROGRAMME

'The habit of reading is the only enjoyment in which there is no alloy; it lasts when all other pleasures fade' - Identical was the case of **92** participants of **British Council: Reading Challenge Programme** from **Classes I - VIII** of our school, who have now metamorphosed into fluent readers. Thanks to the concerted efforts put in by parents, school management and British Council. The esteemed organization has a penchant to connect with its targeted audience and disseminate information through various activities. The Programme **commenced on October 15** with a very informative workshop by **Ms. Reeba Kapoor** and **Ms. Ridhi Gupta** that had a catalytical effect to the enthusiasm of the participants. In the short time span the students have read more than 741 books; although the **challenge** was to read six books in six weeks. The most voracious readers managed to read more than 20 books in 45 days, which is an impressive record. The Programme also included a visit to the British Council Library that gave an addictive enjoyment to the young readers. They took pleasure in the vast collection, in the Children's Section of the British Council Library. Many wished to become a member of the British Council Library. Apart from reading, the students also enjoyed the story telling session during the second and third segment of the programme. The students were also motivated to read more during these meets through different activities. The book reviews by many of the students during the entire programme were very candid and well presented. The Programme concluded with the **Culmination Ceremony** of the Reading Challenge Programme on December 3 where the representative from British Council appreciated and acknowledged the efforts of students followed by workshops for both the groups. As a token of appreciation all the students were given **Medals** and **Certificates** by British Council and the **Most Voracious Readers** were accredited further by School Management and the British Council.

DENTAL CAMP

Oral hygiene is an important segment of our overall health. But this aspect is often neglected amongst our community, necessitating, organizing camps to draw attention. Towards this endeavour, a Dental Checkup was done for around 500 students of **Classes III and IV** on 27 November by **SMILE** in collaboration with **TIMES OF INDIA**.

"Books are the quietest and most constant of friends; they are the most accessible and wisest of counsellors, and the most patient of teachers."
- Charles W. Eliot

MEET OUR NOBLE INDIAN

Born on 11th January 1954, Kailash Satyarthi is a Children's Right Advocate and an activist against child labour. He founded the Bachpan Bachao Andolan and has acted to protect the rights of more than 83,000 children from 144 countries. His work is recognized through various National and International honours and awards including the Nobel Peace Prize of 2014. His determination and dedication for noble cause has enlightened life and given direction to hundreds and thousands of children. Kailash Satyarthi has been at the forefront of a worldwide movement for justice, global education and a better life for millions of children trapped in exploitative child labour. The special award on 10th December will be an inspiration to all the unnamed and unknown children around the world who toil silently in their own lives, deprived of their right to education and the right to be heard and protected. Let's pledge to take a leaf from life of Kailash Satyarthi and help the needy ones. Lest we forget,

Bachpan Anmol Hai, Mat Cheeno Humse

Bade Hoke Karenge Kaam Tumse BarBharkey...

EKANSH VERMA, V-D

MUSIC - THE GREATEST RELIEVER

The greatest gift to mankind is music. When we are sad we listen to music. Music helps us in relaxing our mind, improves concentration power and sleep quality. When we listen to music we forget everything and feel relaxed. So we should listen to melodious music before sleeping. Music is a better alternative than watching T.V. and playing games on computer. Music is said to have therapeutic properties. Music is like meditation. It also helps in studies. I always wonder how music came into being. But, beware, we shouldn't listen to music while driving because it can divert our mind and we might get injured.

TANYA JOSHI, IV-G

THE BEST WAY TO SERVE GOD IS TO SERVE MAN

Serving man is the real worship of God. To serve man means the real service to the Almighty. If you love and serve his fellowmen, the Lord will feel pleased. He will shower His blessings on you. If you go to a temple, worship there for hours but ignore the poor and needy, hungry and thirsty, certainly your devotion has gone useless and waste. Remember the story of Abou Ben Adhem, who loved his fellowmen, the celestial angel put his name at the top of the list. This was the list of the people who had been bestowed upon with the love of the Lord. The moral of the story teaches us brotherhood, love, kindness and sympathy. The real aim of life is to serve the poor and suffering. If you wipe a "tear" from every eye, you are a real friend of human. He has given hands for charity. To extend a helping hand to others should be the prime aim of every person. This is the real service to God.

CHAITANYA BELLANI, V-D

IF I COULD CHANGE ONE THING

If I could change one thing in the world, I would change the habit of begging among the people. If people start working to earn their livelihood then there would be no beggars. Working means earning and helping in the economy of the country. A country can never develop if the people there don't like to work. Begging is a habit that wastes human resources and should never be encouraged. A beggar's whole burden is put on the citizens who pay taxes. Government spends the money collected through taxes on these people's food and shelter which they don't even deserve. So, stop paying beggars and make them so helpless that by any means they start working and understand the value of hard earned money and living with respect.

ELIENA JINDAL, V-D

DETERMINATION, THE WILL TO WIN

Raman, a school student was participating in an athletic meet. So, he started practising for it. Initially, his speed was not upto the mark. His stamina was also not good. So he started practising twice a day. He also gave proper attention to his diet. Slowly his stamina and speed improved. Now he was able to speed up - he felt he had grown wings. He kept on motivating himself. Finally, the day came when he participated in the competition with high Morale. He won the competition. He was satisfied with his performance.

CHARITA TANWAR, V-D

PARENTS

Parents are like God,
 This we should never forget,
 They give us beautiful life.
 Our parents are our care takers,
 So, to respect them is must.
 They are the best,
 For us they never rest,
 They sacrifice all their needs,
 So that in future we can succeed.
 Respect is their right,
 For which they never fight.
 They make our future bright,
 But we take their advice very light.
 They always see us as a small baby,
 But we always think that they are crazy.
 Our parents are strong,
 Their decisions for us are never wrong.
 Our parents give us guidelines,
 So that we can shine
 Our parents are our care takers,
 So, to respect them is must
 They are the best,
 For us they never rest.

NITIN MALIK, V-D

MY MOM

My mom's name is Renu
 For all, she has an excellent menu
 She is a great homemaker
 And has the same passion as a teacher.
 She has such a sweet face
 Like a wedding dress with a stunning lace
 She is so sweet, polite and kind
 She has big plans in her mind.
 She carries the energy of a whirlwind.
 She is a mom so best
 Better than the rest.
 So good that they say
 Feeling happy is the only way.

PRIYANSHA SHARMA, VII-D

HUMAN: THE DEVIL

Evil there, Evil here
 Evil seems to be every where
 Goodness;
 Oh Goodness seems to have vanished into thin air
 Don't think I am eccentric
 You yourself will soon see the devil descend
 From Hell to destroy the Heaven
 Oh Mighty Lord! Why are you quiet
 Please tell me that all the accusations
 That I heard were wrong
 Oh God, we know we are to be blamed
 For destroying our planet
 Oh Christ, do not punish us
 For turning Paradise to Purgatory
 Oh Mighty Lord, do guide us to the right path.
 We humans are the ones who turned nectar to poison
 The world's now gone, the time's left far behind
 Things have changed and circumstances now beyond repair
 And our souls are now left only to the task of despair.

HARSHITA KUMARI, X-F

OUR MOTHER EARTH

Our world is always changing
 Constantly re-arranging
 From ocean depths to mountain peaks
 Mother nature moves and speaks
 While telling stories of our past
 She tries to teach how to last
 Making, us smart, sometimes blind
 Leaves common sense far behind.
 We are moving fast and living large,
 Forgetting she's the one in-charge
 She can twist our steel, shake any city,
 Her wrath if you feel, it shall leave you pity
 Yet some who speak on her behalf,
 I fear just seek the golden calf,
 Its true we must treat her right.
 Or we will incur a deadly plight.
 Treat her with distinction
 Or surely face extinction!

KHUSHI SINGH, V-C

ZONAL ATHLETIC MEET 2014-15

Zonal Athletic Meet was held at Government Boys Senior Secondary School, 'A' Block Janakpuri from 28 Oct to 31 Oct 2014. The events wherein our students won medals were:

PRIMARY ATHLETIC MEET (30th Oct 2014)

GIRLS 4 x 100 Relay - I Position (GOLD) - Sneha Gautam (V-B), Deepika Gulia (V-A), Parineeta Bakshi (V-F), Bhavya (V-B), Shreya (V-E), Prashansa (IV-E)

BOYS 4 x 100 Relay - II Position (SILVER) - Aasim Sarfaraz (V-C), Sanjam Katariya (V-E), Naman Sharma (V-F), Laksh Batheja (V-C)

100 Mtr Race - III Position (BRONZE) - Prashansa (IV-E)

SUB JUNIOR ATHLETIC MEET

400 Mtr Race - I Position (GOLD) - Nimisha Setia (VIII-B)

600 Mtr Race - I Position (GOLD) - Nimisha Setia (VIII-B)

Shotput - I Position (GOLD)

- Muskan Kandwal (VIII-D)

Discus Throw - II Position (SILVER) - Muskan Kandwal (VIII-D)

JUNIOR ATHLETIC MEET

800 Mtr Race - II Position (SILVER) - Harshita Joshi (X-E)

Shotput - II Position (SILVER)

- Harshita Joshi (X-E)

Shotput - III Position (BRONZE)

- Cicelia M. Thomas (X-E)

Discus Throw - I Position (GOLD)

- Cicelia M. Thomas (X-E)

SENIOR ATHLETIC MEET

Shotput - III Position (BRONZE) - Sanchita Bhatia (XII-E)

NCC NATIONAL GAMES CLOSING CEREMONY

Twenty girl cadets of **Class IX** presented a lively Pom-Pom Drill at the Closing Ceremony of NCC National Games, held on 18 October.

SENIOR BADMINTON ZONALS

Senior Badminton (Boys) Zonals Championship was held on 11 September. The students who stood III in the Zonals were:

Divas Pathak (XII-C), Kabir Matta (XII-D), Kartik Kapoor (XI-A), Manik Sehgal (XI-A), Yugal Matta (X-A), Devansh Pathak (VIII-B)

HANDBALL

ZONAL COMPETITION

Handball Zonal Competition was held on 8 September in our School. The Handball Girls Team displayed exemplary talent by winning **first and second position** in back to back zonal matches held in the school campus.

A) Sub Junior bagged the first position, the team members were:

Muskan Kandwal (VIII-D), Aditi Sharma (VI-E), Shagun Kumari (VIII-D), Dhvani Kochhar (VII-E), Nimisha Setia (VIII-B), Janvi Kalra (VII-A), Bhavya Juneja (VI-E), Shruti Kandwal (VI-F), Aishwarya Lenin (VIII-B), Khushi Kandwal (VI-E), Neha Sarkar (VI-A), Jayati Garg (VII-E), Sania Singh (VI-B), Tapsi Goyal (VII-F), Yamini Solanki (VI-B), Tulika Sharma (VI-D)

B) Junior Team secured first position, the team members were:

Cicelia Mohan Thomas (X-E), Vaishnavi (X-B), Harshita Joshi (X-E), Yukta Singh (X-B), Darpan Goyal (X-E), Bhavya Babuta (X-E), Anjali Solanki (X-B), Yashika Girdhar (VIII-E), Muskan Aggarwal (X-B), Priyanshi Chawla (VI-E), Anushka Gupta (X-B), Rhythm Bhardwaj (VIII-D), Mansi Goel (VIII-D), Kirti Kumar (VIII-F), Achint Kaur (IX-C), Gunjan Aggarwal (VIII-D)

C) Senior team also gave their opponents tough competition and **secured second position**, the team members were:

Swabhi Gupta (XII-C)(Capt), Kashika Galhotra (XI-C), Kamyah Ahlawat (XI-E), Mansi Tomar (XI-E), Meghna Kandwal (XII-B), Srijla Bagai (XII-A), Mansi Batra (XI-B), Prachi Narang (XI-B), Anchal Gupta (XI-B), Sanchita Bhatia (XII-E), Rupanshi Manchanda (XI-E), Nidhi Singh (XI-E), Rishika Anand (XI-E), Rupal Trehan (XI-E), Pooja (XI-B), Saranya Balasubramaniam (XI-A).

INTERZONAL COMPETITION

Inter Zonal Handball Competition for various categories were held at Sarvodaya Vidyalaya, Pitampura.

A) In the Under 14 category, held from 20 Nov to 25 Nov, our students bagged the **second position** and each member of the team were awarded cash prize of Rs 750/-. The team members were:

Muskan Kandwal (VIII-D), Nimisha Setia (VIII-B), Shagun Kumari (VIII-D), Bhavya Juneja (VI-E), Aishwarya Lenin (VIII-B), Janvi Kalra (VII-A), Dhvani Kochhar (VII-E), Jayati Garg (VII-E), Aditi Sharma (VI-E), Sania Singh (VI-B), Neha Sarkar (VI-A), Yamini Solanki (VI-B), Khushi Kandwal (VI-E), Shruti Kandwal (VI-F), Tapsi Goyal (VII-F), Tulika Sharma (VI-D)

B) In the Under 17 category, held from 25 Nov to 29 Nov, our students bagged the **first position** and each member of the team were awarded cash prize of Rs 1000/- . The winning team members were:

Cicelia Mohan Thomas (X-E), Darpan Goyal (X-E), Harshita Joshi (X-E), Anjali Solanki (X-B), Muskan Aggarwal (X-B), Anushka Gupta (X-B), Achint Kaur (IX-C), Tripti Verma (VIII-D), Khushi (VI-D)

C) In the Under 19 category, held from 24 to 28 Nov, our students secured the **first position** and each member of the team were awarded cash prize of Rs 1000/- . The winning team members were:

Swabhi Gupta (XII-D), Mansi Tomar (XI-E), Srijla Bagai (XII-A), Shernya (XI-A)

CBSE NORTH ZONE I HANDBALL TOURNAMENT

In the CBSE North Zone I Handball Tournament, held from 8 to 10 October, at Maharaja Agrasen Model School Pitampura, our Handball girls' team secured **1st position in under 19 category**, **2nd position in under 14 category**. The members of the winning team were as follows:

A) UNDER 19 CATEGORY - Swabhi Gupta(XII-C)(Capt), Anjali Solanki(X-B), Muskan Aggarwal(X-B), Harshita Joshi(X-E), Mansi Tomar(XI-E), Meghna Kandwal (XII-B), Srijla Bagai (XII-A), Cicelia M Thomas (X-E), Darpan Goyal (X-E), Achint Kaur (IX-C), Anushka Gupta (X-B), Sanchita Bhatia (XII-E), Nidhi Singh (XI-E), Mansi Goel (VIII-D)

B) UNDER 14 CATEGORY - Muskan Kandwal (VIII-D)(Capt), Nimisha Setia (VIII-B), Shagun Kumari (VIII-D), Jayati Garg (VII-E), Aiswarya Lenin (VIII-B), Neha Sarkar (VI-A), Dhvani Kochhar (VII-E), Yamini Solanki (VI-B), Shruti Kandwal (VI-F), Khushi Kandwal (VI-E), Janvi Kalra (VII-A), Sania Singh (VI-B), Ishika Panwar (I-V),

43RD SENIOR WOMEN NATIONAL HANDBALL CHAMPIONSHIP

Meghna Kandwal-XII B and **Mansi Tomar-XI E** of our school represented Delhi State at the 43rd Senior Women National Handball Championship held in Sangrur Punjab, from 27 Oct to 02 Nov, and their team secured fourth position.

NATIONAL HANDBALL TOURNAMENT

Four girls of our school participated in 60th School National Handball Tournament, at Anandpur Sahib (Punjab), from 13-18 Nov and got **second position** and cash prize of Rs.14,000 were given to each member. The names of the winners are:

Swabhi Gupta, XII-D Mansi Tomar, XI-E Srijla Bagai, XII-A Meghna Kandwal XII-B

SENIOR GIRLS/BOYS BEACH HANDBALL CHAMPIONSHIP

Meghna Kandwal & Srijla Bagai participated in Senior Girls Beach Handball Championship held at Nargoi, Gujarat.

MEGHNA KANDWAL - A HANDBALL ICON

Meghna Kandwal, XII B, started her journey in Handball while studying in Class VIII. On winning gold medal in U-14 National Handball Championship, she was awarded the '**Aggarwal Sabha; Player of Excellence**'. Her position in the team is that of a play maker: who actually controls the team and is effectively the Backbone of the team. She had the fortune of visiting Chennai, Chandigarh, Bilaspur, Una and many other parts of the country for participating in various National Championships. In Class XI, she created a record by playing 7 Nationals in one year and in the process became the youngest girl in Delhi to accomplish this task in one year. She is also the **youngest player** who has played Senior Nationals (women) and All India Federation Cup, where her team bagged third position. She was also selected as a Member of Sports Authority of India. Recently she **captained Delhi Team**, which secured second position at the U-19 National Championship. As she continuously played so many Nationals, she got her **National Cap** in the month of November at Lucknow. She is selected by the Handball Federation of India for representing the Indian team at IHF Challenger's Trophy, being held at Peshawar, Pakistan during December, after one month camp in Dindigul, Tamil Nadu, where she was one of the 25 probable selected to represent India, and she is continuing in the National camp presently. As she has got selected in the Indian Handball Team, Meghna got her National Kit of Cosco International and now known as '**India 11**'. She has also been a Gold Medalist in Zonals and Inter- Zonals Championship for last six years and School's athlete of the year for two consecutive years.

Scale many more peaks Meghna!



JUDO

CBSE NORTH ZONE I - JUDO CHAMPIONSHIP

CBSE North Zone I Judo Championship was held from 1 to 3 October. Following students of our school won medals:

Gold - Kriti Gupta, XII-A (Above 65kg category), Vanshika Garg, IX-E (Below 55kg category)

Bronze - Saumya Virmani, VII-E (Below 50kg category), Mudra Rawat, VI-D (Below 30kg category)

Kriti Gupta and **Vanshika Garg** have been selected for participating in the forthcoming CBSE National Judo Championship (2014-2015).

2ND OPEN DELHI STATE JUDO CHAMPIONSHIP

The 2nd Open Delhi State Judo Championship was conducted at DAV Public School West Patel Nagar from 19 to 22 Nov 2014. The winners were as follows:

Under 8 years -	Arjit Rawat, II-C (Below 29 kg)(Bronze)	
Under 14 years -	Saumya Virmani, VII-E (Below 55 kg)(Gold)	
Under 17 years -	Niharika Arora, XI-D (Below 44 kg) (Bronze)	Vanshika Bharadwaj, XI-A (Below 48 kg)(Silver)
	Srishti Saxena, IX-E (Below 52 kg)(Silver)	Rajat Sharma, IX-D (Below 55 kg)(Bronze)
	Vanshika Garg, IX-E (Below 56 kg)(Gold)	
Above 17 years -	Niharika Arora, XI-D (Below 44 kg)(Bronze)	Vanshika Bharadwaj, XI-A (Below 48 kg)(Gold)
	Srishti, IX-E (Below 52 kg)(Silver)	Vanshika Garg, IX-E (Below 56 kg)(Gold)
	Kriti Gupta, XII-A (Above 60 kg)(Gold)	

ZONAL JUDO COMPETITION

Zonal Judo Competition was held at Kamal Public School, Vikas Puri on 31 October, 1 November and 3 November. The winners were:

SUB JUNIOR GIRLS	Mudra Rawat, VI-D (I)(Below 32 Kg)	Saumya Virmani, VII-E (I)(Above 44 Kg)
	Divyanshi, VII-C (III)(Below 36 Kg)	Anshul, VII-D (II)(Above 44 Kg)
	Bhoomika, VII-C (III)(Below 44 Kg)	
SUB JUNIOR BOYS	Laurish, IV-A (III)(Below 25kg)	Abhinav, VIII-B (III)(Above 50kg)
JUNIOR GIRLS	Dishita, VII-F (III)(Below 48kg)	
SENIOR GIRLS	Vanshika Bharadwaj, XI-A (I)(Below 48kg)	Niharika, XI-D (II)(Below 40kg)
	Vanshika Garg, IX-E (I)(Below 56kg)	Srishti Saxena, IX-E (II)(Below 52kg)
	Sanchita, XII-E (I)(Below 61kg)	Praneet Kaur, XII-A (III)(Below 52kg)
	Kriti, XII-A (I)(Above 61kg)	Vanshika Garg, IX-E (III)(Above 61kg)
SENIOR BOYS	Naveen, XI-B (III)(Below 40kg)	Sumit, VIII-A (III)(Below 73kg)

Runners Up Championship Trophy was bagged by the **Senior Girls** in Senior Girls category.

CRICKET

Shivam Dhoundiyal (XI-E), was selected in Under 16 Yrs Boys DDCA team and scored century (142 runs) in his debut match against Jammu & Kashmir. Well done Shivam!

SKATING CHAMPIONSHIP

Our school has participated in Inter School Skating Championship which was organized by Growing Star Sports Club on 7 September 2014. It was held at DDA Sports Complex Hari Nagar under the class/age group of Under 8, Under 10, Under 12 and Under 14.

NAME	CLASS	POSITION	NAME	CLASS	POSITION	NAME	CLASS	POSITION
Sahil Kohli	IV-F	Ist	Dev Khullar	IV-D	Ist	Sarthak Monga	V-B	Ist
Karandeep Singh	VII-A	IInd	Kushagra Bhatia	VII-B	IInd	Sparsh Jindal	VII-A	IIIrd

KARATE

Delhi State Open Korean Karate Championship was held at Titiksha Public School, Rohini, on 11 Oct. **Armaan Tyagi**, IV E, won a Gold medal in Tang- Sao- Do (under 10 Years category)

SCOUTS & GUIDES CAMP

2nd Hindustan Scouts & Guides Camp was organized by Mr. I.P. Arora, Commissioner, State Headquarters, Hindustan Scouts & Guides (UNO Approved), from 02 to 05 October at MHDC Saraswati Bal Mandir. Khushi Kumar, VIIF; Tanisha Kapoor, VIIF; Muskan Jindal, VIIF; Jayati Garg, VIIIE; Riddhi Dass, VIIC; participated in the Camp. The Guides were exposed to live and manage their daily chores themselves and interact with Guides from other participating schools. Thus they learnt to live independently and like a soldier Ms. Anjali Bhatnagar, Principal of the host school was deeply impressed with the efforts put in by our Guides. **Jayati Garg** was designated as the Troop Leader & **Tanisha Kapoor** was the Patrol Leader. **Khushi Kumar** was adjudged the Best Guide.



Shivam Dhoundiyal

CANON WORKSHOP

A Canon Workshop was held on 16 October in the school premises. Students were introduced to the different types of cameras, i.e., Digital, SLR and Compact and got to understand the difference between SLR & DSLR. They also learnt a lot about the preferred type of camera amongst different categories of users and for different purposes like Wildlife, Sports, Landscape, Portraits etc.. Students also learnt camera's technical aspects like exposure, aperture, shutter speeds etc. They also got to handle different types of cameras and capture some pictures for posterity.

ROBOTICS WORKSHOP

A Robotics Workshop was held on 31 October in the school premises. The students of Level 1 were taught to assemble Motorized Robot, Level 2 were taught about Programming and Level 3 and 4 were taught about Electronics and circuit making.

EMERGING CHALLENGES IN CHILD ABUSE & IMPLEMENTATION OF POCSO ACT 2012

Children are future of the Nation, but the recent times has seen a spate of violence against them, - physical, sexual & verbal, which has necessitated enactment of stringent laws for safeguarding them. As its effective implementation holds the key, a workshop on the topic "Emerging Challenges in Child Abuse & implementation of POCSO Act 2012" was held on 28 Oct by Forum of Public Schools, in association with Expressions India. **Dr. Jitender Nagpal** was the Resource Person. The main focus of the workshop was on the new Law - 'The Protection of Children from Sexual Offences Act 2012', (POCSO Act) which came into force with effect from 14th Nov.2012. It was informed that the act is a comprehensive law, which provides protection to children from the offences of sexual assault, sexual harassment and depiction of sexually explicit contents, while safeguarding the interest of the child at every stage of judicial process, by incorporating child friendly mechanisms for reporting, recording of evidence, investigation and speedy trial of offences through designated special courts.

CAREER COUNSELLING

Career Counselling Workshop was held by 'Aakash Institute' on 3 Nov for students of Classes **IX and X**. The objective of the workshop was to brief the students about 'Akash National Talent Hunt Exam' (ANTHE 2014) for Class X. The students were informed that through the Exam the Institute intends to identify deserving students, so that they can be nurtured & groomed for higher level entrance exam.

KATHAK DANCE RECITAL

Under the aegis of SPIC MACAY workshop, our school hosted a Kathak Dance Recital by the renowned artist **Smt. Mahua Shankar** on 10 November 2014, in the school premises. The artists were accorded a traditional welcome and the programme commenced with the lighting of the ceremonial lamp by the school Principal Ms. Rama Sethi along with the artists. Smt. Mahua Shankar enthralled the audience with her mesmerizing foot work, facial expressions and homogeneity in presentation of this vibrant dance form. The icing on the cake was her 'jugalbandi' with tabla, which left the audience spellbound. It was both an entertaining and instructive workshop.



Smt. Mahua Shankar

MATHS WORKSHOP

Maths Workshop was held on 19th Nov.2014 for students of **Class XII** in the School premises. Resource Person for the same was **Dr. G.S.Tuteja**, a renowned person in the field of Mathematics. The workshop highlighted the importance of mathematics in Under graduate courses and selection criterion for admission to various colleges. The students found the workshop very informative and gained a lot of information related to admission in various courses.

3RD INTERNATIONAL LIFE SKILLS, VALUES, GENDER, SCHOOL HEALTH & WELL-BEING REGIONAL SUMMIT

Our students, Vardha Kharbanda, Sanchit & Ishna Verma of XI A and Paras of XI B, on 25 & 26 Nov.'14, attended the 3rd International Life Skills, Values, Gender, School Health and Well Being Summit- initiative of **CBSE** in collaboration with Expression India. The main focus of this summit was to sensitize the students towards various issues and concerns, such as gender, environment, health & well being of the learners. It also aimed at strengthening the ideals enshrined in National Health Policy 1983 & the National Policy on Education 1986 as well as NCF 2005. **Vardha Kharbanda** won a **Special Jury Award** in the Wellness Elocution.

'MY EXAM PLAN - WE TRACK IT, YOU CRACK IT'

Ms. Neelesh Budhiraja and **Mr. Tarun Ravindran**, Co-founders of 'My Exam Plan' organization, conducted a workshop for **Class XII** students on 19 Nov. The students got an opportunity to gain in-depth knowledge on various entrance examinations available to both Medical & Non-Medical streams. The Coordinators also invited the students to take a look at their website, wherein a quick comparison of exams is laid out in a simple and readable format.

INTERNATIONAL CAREER DAY

International Career Day (ICD) – A study abroad career event for students of **Class XII** was held in school premises on 17 Nov. It provided a platform for Class XII students to interact with foreign university delegates for upcoming scholastic opportunities in USA, UK, Singapore, Canada & Australia. The focus of the event was to deliver spot assessment / profile analysis, personalized students interaction with university delegates, which gave opportunity to students in soliciting clarification on their career interest and also provided information to students regarding course fees, scholarship and visa guidelines.

DISASTER MANAGEMENT

On 6 September our students visited the Mega Exhibition on Disaster Management organized by Delhi Disaster Management Authority, in order to generate awareness and preparedness on precautionary measures to be taken before, during and after disaster. Various life saving devices were exhibited. Bomb detection machine and various drilling machines (mechanical and electrical) were shown that are used in case of landslides, road and rail accidents. St. John Ambulance Brigade showed methods to save people in flood, fire and other accidents by providing First Aid.

ENERGY SAVING

Energy Conservation is the need of the hour. TATA Power Energy Club organized a workshop on the subject 'Energy and Resource Conservation' for **Class VII** in the month of November. The participants were given information about Carbon Footprint Calculator through a Power Point presentation, followed by a question- answer session. The students were also sensitized about ways to conserve 'Electricity' and to interpret and analyze Electricity Bill.

CAPACITY BUILDING

CBSE, on 15 Nov. '14, organized a workshop for teachers for Capacity Building in Stress Reduction Techniques, at the All India Institute of Medical Sciences Campus. The resource persons for the workshop were drawn from Vyakti Vikas Kendra India (The Art of Living Foundation) and The Mental Health Foundation. It focused on managing stressful situations and in developing the same in the students. The programme also meant to help teachers lead healthier, happier and potentially more successful in the teaching profession and handle students in a better way.

ENGLISH WORKSHOP- PHONICS, SPELLING, LITERACY & DICTIONARY

Workshop covering various aspects of English language, such as phonics, spelling, dictionary reading was held at St. Mark's School, Meera Bagh on 11 Nov. 2014. The programme coordinator **Dr. Elaine Higgleton** highlighted the importance of phonics in English language and gave tips on inculcating the same to the students. She also emphasized on spelling words correctly by using the techniques of 'Mnemonics'. She explained the usage of dictionary in the classroom in a very interesting manner. Overall the workshop aimed at making the English language user friendly for the students.

ASTRONOMY SPACE CLUB

To infuse scientific temperament among the students and to arouse their spirit of inquiry, the 'Astronomy Space Club' of our school conducted various activities during the month of November for the benefit of nineteen student volunteers drawn from VI to X. On **8 November**, eminent educator, Mr. Neeraj enlightened the students about the concept of "Journey on the Beam of Light". The students also learnt about the size of the Universe, types of celestial objects, speed of light and light year. On **22 November**, eminent Astronomy Educator Ms. Neha guided the students on the concepts of Comets, and Asteroids. Apart from giving theoretical knowledge regarding the composition of comets, she also helped the students in creating the model of comets on their own. It was a wonderful experience for the students to learn about comet creator. On **29 November**, eminent astronomy educator Mr. Abhinav Prakash explained the Causes of Seasons. Students were provided knowledge through various activities. The experience helped them gain valuable insight about outer space.

ENGLISH PLAY COMPETITION

Drama is an illustrative and enjoyable way of learning and teaching. It helps the students in becoming extrovert, confident and expressive. The young and budding artists of **Classes III, VI and VII** showcased their talent in acting at the English Play Competition. For Class III, which was held on 1 November, the plays chosen were from the works of famous writer Padma Shree Ruskin Bond and Scottish born famous writer Saki.

INTO THE WORLD OF DRAMATICS

The **Best Play** trophy was bagged by **Class III B** for the play 'The Boy who broke the Bank'. Artists got under the skin of the characters and emulated it to perfection. The other plays performed were: The Blue Umbrella, The eyes have it, The Open Window, The tiger in the house and The thief. For **Classes VI and VII**, which was held on 15 November, various plays of different genre like, 'Swami and his Friends', 'Story of My Life' were showcased by budding actors. On the whole, it was a good platform for the students to learn all the nuances of acting.



The Open Window, III-D



The Thief, III-F

The performers who stood out were:

PRIZE	NAME	CLASS
Best Actor	Aditya Bist (Male)	IIIB
	Divya Kapoor (Female)	IIIE
Best Dialogue Delivery	Simarpreet Kaur	IIIC
	Dishti Kaushik	IIIE
	Utsav Aggarwal	IIIE
Best Stage Presence	Maitreyi Mishra	IIIA
Special Prize	Diya Chawla	IIID

NAME	CLASS	NAME	CLASS
Tiya Sharma	VI-G	Vansh Mahajan	VII-A
Pratham Longia	VI-B	Harsh Sachdev	VII-C
Kriti Bareja	VI-G	Dev Manchanda	VII-A
Akshit Anand	VI-B	Sadika Arora	VII-C
Simish Rahi	VI-F	Sakshi Ujjlayan	VII-B



The Boy who broke the Bank, III-B



The Tiger in the House, III-E



Swami and His Friends, VI-B

Antigone, VII-B,D,F

EXPRESSING EMOTIONS THROUGH POETRY

POETRY RECITATION

The spontaneous overflow of subconscious feelings is 'Poetry'. Poetry is the essence of literary work. Memorizing and reciting poetry inspires and builds confidence in the students. It teaches to string words rhythmically so as to capture emotions and ideas in lyrical phrases. In order to encourage students to read and love poetry, Poetry Recitation Competition is annual feature in our school. In this quarter, English and Hindi Poetry Recitation Competition was held for Classes I, II & IV respectively on 26 Sept, 12 Sept and 25 Nov.



Winners of Hindi Poetry Recitation, Class IV

ENGLISH POETRY RECITATION

The students of Classes I & II, recited poems on Fantasy, Adventure, Humour and Animal & Plant Life and the topics for the students of Class IV were humour in life, environmental awareness, nature, festivals, peace and brotherhood. The following students won prizes:

Prize

First

Second

Third

Special

Special

Class I

Dhriti Gupta (I-F)

Suhani Singh (I-C)

Gurmehar Kaur (I-C)

Tiya Mittal (I-F)

Parth Katoch (I-B)

Class II

Tanisha Grover (II-F)

Lavanya Kapoor (II-A)

Yashasvi Tomar (II-C)

Manyta Suryan (II-F)

Class IV

Anubha Suhag (IV-B)

Ishaanika Saini (IV-B)

Suhani (IV-A)

Saina Bajaj (IV-F)

Daksh Khuttan (IV-A)

HINDI POETRY RECITATION

The students of Classes I & II, recited poems on humour, wildlife, family life and food habits. and the topics for the students of Class IV were humour, festivals, peace and brotherhood, pollution and family values. The following students won prizes:

Prize

First

Second

Third

Special

Special

Class I

Prabhsharan (I-E)

Tanya (I-A)

Tanya Sharma (I-A)

Raghav Goel (I-A)

Tanish Sharma (I-B)

Class II

Gurasis Oberoi (II-A)

Ridam Garg (II-F)

Ekansh Sharma (II-D)

Jiya Bajaj (II-A)

Sanjani Soumya (II-C)

Class IV

Abhishek Thakur (IV-F)

Kanishka Sarhoiya (IV-C)

Gursimar Singh (IV-A)

Prashansa Sharma (IV-E)

Ansh Girdhar (IV-G)

FRENCH POETRY RECITATION

'La recitation de La poesie'

To enhance students' flair of French lingua by enriching their imaginative and Linguistic skills- French Poetry Recitation for



Winners of French Poetry Recitation

Class VI students was organized in our school on 30 Oct. 2014. Dressed up in colourful costumes, students recited poems on variety of topics, ranging from nature, trees, flowers to the more complex ones like unity in diversity. Principal Ms. Rama Sethi appreciated the efforts put in by the students. The judges, Mr. Alex & Ms. Nupur Sharma, while declaring the winners, commended the students for their exemplary performance and confidence. Overall it was a learning experience for the students. The prize winners were:

FIRST - Anisha Saxena (VI-G), **SECOND** - Anandita (VI-A), **THIRD** - Chaitanya Sharma (VI-B)

CONSOLATION - Bhavna Sharma (VI-G), Suhani Monga (VI-A)

INTER SCHOOL FRENCH RECITATION

Mayank Narang (VII-A), and **Sheetal Bhatia** (VIII-E), secured Consolation prize at the Inter School French Recitation Competition for Classes VII and VIII, which was held at St. Mark's Sr. Sec. Public School, Meera Bagh on 27th Nov.

INTER-SCHOOL ENGLISH DEBATE

St. Markian's brought laurels to the school by winning **Rolling Trophy** in S.N. Ganju Memorial Inter-School English Debate Competition, held at Vishwa Bharti Public School, Dwarka, on 18 November from amongst a field of more than 15 schools. The topic for the debate was 'Are social networking sites effective or are they just a sophisticated means for stalking people?'. Aditi Sharma (XI-B) spoke for the motion, Rahul Beer (XI-C) spoke against the motion & Karan Matka (XI-C) was the interjector. Judges praised them for their exceptional performance.



Debaters with their Rolling Trophy

ART AND CRAFT DAY

To enhance the creative quotient among the students, **Art and Craft Day** was organized on 30 September for the students of **Class IV** and **Class III**. Students of **Class IV** enjoyed making colourful articles- Mask Making, Doll Making, Dot Painting using ear buds and decorating Mosaic Tiles, Pots and Candles, Bottles, etc. **Class III** students were encouraged to use recycled material to showcase their creative talent. Toilet roll holder, shuttle cock, nut shells etc. were turned into dainty fairies, pen holders and photo frames. Students used quilling technique to make beautiful greeting cards. Environmental awareness was a byproduct!



Engrossed in Creativity

SOCIAL RESPONSIBILITY

SERVING THE SOCIETY

St. Markians of Janakpuri, showed their commitment towards social understanding and responsibility by contributing blankets, woollens and other household materials for **Kashmir Flood Relief** Camp. The staff members donated one day salary towards **Prime Minister's Relief Fund** to help the flood affected people of Kashmir. The cheque was handed over to **Sh. Ashish Sood**, Councillor, SDMC, West Janakpuri, New Delhi by the school chairman, **Mr. T P Aggarwal**.

ILLUMINATING LIVES

Our school, in true spirit of Diwali - enriching the spirit of giving, sharing and caring, celebrated it with the inmates of **Muskaan and Prerna Niketan Sangh** (NGO). On 17 October the inmates of the institution displayed their handicrafts such as, Diyas, Candles, Greeting Cards, Pickles, Spices etc in the school premises. Teachers and students encouraged them by buying articles from the stalls.

TEACH INDIA : SCHOOL CHAPTER

Teaching for a cause.....

As part of "Teach India Project" nine students from Classes X and XI were selected to be a part from our school for PHASE-II. The project was strategically planned to achieve a wider reach, by grouping nine students into three units i.e. group 1,2,3, and were given different responsibilities.

Group 1 took care of the 'Spoken English' segment of the project, whereby the support staff of the School were taught spoken English, so as to 'make their fundamentals strong'. Group 2 took the mantle of reaching out to the public at large i.e. community mobilization, and motivated a large section of people (by reaching them at their homes) to learn English for better future prospects and the people understood their point of view. Group 3 was tasked to spread the information using technology. They prepared blogs, videos and picture to give e-shape to the work done by their fellow team mates of 'Teach India Project'. The volunteers for this project are:

Akshita Sehra (X-D)	Garima Chandra (X-D)	Pragya Gambhir (X-D)	Jaspreet Kaur (X-D)	Kashika Kamra (X-E)
Aastha Kedar (X-F)	Vidhisha Kaushal (X-F)	Roopal Dhiman (X-C)	Mandeep Kaur (X-F)	



Extending our Support



Shopping for a Cause



It's never late to get Enlightened

BUSINESS WITH A SOCIAL CAUSE



Young Business Minds initiation to Corporate Social Responsibility

On 29 Nov. 10 students, along with their Business mentor/ Business Studies teacher Ms. Ruchika Paul, of the Choco Reindeer Team, which is running a school enterprise under the International Competition 'Teach A Man to Fish' by **British Council** visited **Perna Niketan Sangh** – a NGO for physically challenged children with the motive to teach the business of chocolate making to children inmates. Our students explained them the motto and motive in doing this business. The students also made chocolates for them in the Niketan. Presently, these children are making other products like craft items, wax candles, incense sticks. Learning this business will increase their entrepreneurial skills and employability. From the profits generated in their business, our students donated chocolates and chocolate material to the NGO. The caretaker / founder Ms. Meenu Saxena appreciated the school's initiative to help their organization and thanked the School Management for the noble gesture.

VISIT TO NATIONAL PHYSICAL LABORATORY

18 students of **Class XI** (Science stream) visited National Physical Laboratory (NPL) on 27 Sept. 2014. The students were given fundamental concepts of various research works being conducted by eminent scientists. Topics such as metrology, nanotechnology, formation of crystals and its various applications, humidity content in the atmosphere was explained. Students gained maximum information on the different ongoing research. Audio-visual information was also given on various scientific topics.

CHANDIGARH TRIP

An educational excursion to the City of Dreams – Chandigarh was organized for students of **Classes IV & V** on 12 and 13 Sept.



Students found Chandigarh to be a green and well-planned city; different from other Indian cities in terms of architecture and urbanized living standards. Students' first stop was the famous Rock Garden, created by Nek Chand. They were awed at the creativity and innovation of the sculptures from waste and recycled materials. The evening was spent enjoying water sport activities like paddle boating in the beautiful Sukhna Lake. Next morning, students visited the Chhatbir Zoo wherein the Lion Safari was the most fun-filled itinerary for them. A visit to the Government Museum and Art Gallery enriched the students' knowledge of not only their environment but also provided information of historical significance and its evolution through the years.



Markians day out

VISIT TO AEROPLANET

Students of Classes I to III had their share of fun and adventure when they visited Aero-Planet on 20 October. Picnic and celebration in Airbus A-300 and CRJ-200 Aircrafts with sports recreational activities like trampoline jumping, escape slide, crossing and trolley ride added to the fun quotient. Students had an experience of smoke and fire drill in the aircraft along with flight demonstrations of usage of oxygen mask and emergency ditching in water.



Getting a feel of flying

VISIT TO ADVENTURE ISLAND

Snatching a break from hectic schedule of academics, on 14 November, students of **Class XII** visited Adventure Island, Rohini. They enjoyed the rides and came thoroughly charged with fun and enthusiasm. It was a much needed relaxation and rejuvenation for them, before they embark on the serious mission, i.e. to prepare for the Last Exam of their Schooling, with the desire to come out in flying colours.

CELEBRATIONS

TEACHER'S DAY



Fun time for Teachers

DIWALI PUJAN

On the eve of Diwali, on 21 October, a short skit based on Lord Rama's return from exile and the resultant celebrations in Ayodhya was enacted by students of Class VII. Subsequently, our Chairman Mr. T.P. Aggarwal, joined by the Principal, Vice Principal, teachers and students, performed Mangal Aarti invoking Lord Ganesha and Goddess Lakshmi.

GURUPURAB

"Satguru Nanak Pragateya,
Mitti Dhund Jag Chanan Hoya..."

The Prakash Utsav - birth anniversary of first Sikh Guru, Guru Nanak Dev was celebrated on 5 November with utmost spiritual fervor by the students of our school. The programme began with the rendition of Shabad Kirtan, followed by Ardas. It was a spiritual morning where the entire school learnt that by practicing Naam - Simran, Satsang & Seva, we can obtain the blessings of Lord Almighty. In the end entire sangat shared 'Kada Prasad'. Principal Ms. Rama Sethi addressing the gathering on the occasion laid emphasis in following the right path and displaying good conduct.



Invoking Goddess Lakshmi



Glimpses of GuruPurab Celebration

CHILDREN'S DAY

"Bahut Varsh Jiyo Aur Hind Ke Jawahar Baney Raho" (long may you live and long be the jewel of India), so said Mahatma Gandhi to Pt. Jawahar Lal Nehru.

On the occasion of 125th birth anniversary of Pt. Nehru, students of VII std. presented a Special Assembly. The programme began by paying homage to Pt. Nehru, whose love towards children is widely known, thus this day is celebrated as Children's Day or 'Baal Diwas'. The programme began with foot tapping song presented by the students underlying the importance of being happy and to follow the right path. This was followed by a skit showcasing the work done in the field of education by the iconic leader. And finally the students were made aware of his various achievements in the field of economics, culture and science. Principal Ms. Rama Sethi encouraged the students to follow the path laid down by this great leader.



Remembering Chacha Nehru

PICTURE GALLERY



Samdeesh and Medha, IX A - National Genius Search Exam Winners



Karate Champ - Armaan Tyagi



43rd Sr. Women National Handball Championship Winners

National Handball Tournament Winners



Our Judo Champs



Winners of Zonal Athletic Meet



Youth Peace Summit

Creativity by Isha Gupta (X-F), Model: Ritik Mandal (X-B)



Story of My Life, VI-D, F



Youth Peace Summit

T-Shirt painting by Manan Setia (XI-D)



Heaven, Earth and a Horse of Wood, VII-A, C, E



Vroom I Go! Emergency Evacuation at Aeroplanet



Planning for future-Career Counselling Workshop



Saving Energy for future - Energy and Resource Conservation Workshop

PICTURE GALLERY



Return of Lord Rama



Peace Day Celebration, IV-G



Class Assembly, VII-C

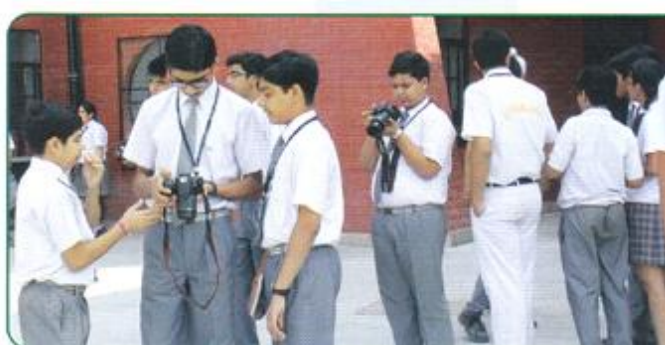


Self Defence training - Delhi Police

The more we sweat in peace - The less we bleed in war



Mastering Robotics



In Love with Camera



FAITH MAY DIFFER - PRAYER IS THE SAME